

collaborate.
co-create.
connect.

Workshop

Change & Adaptability

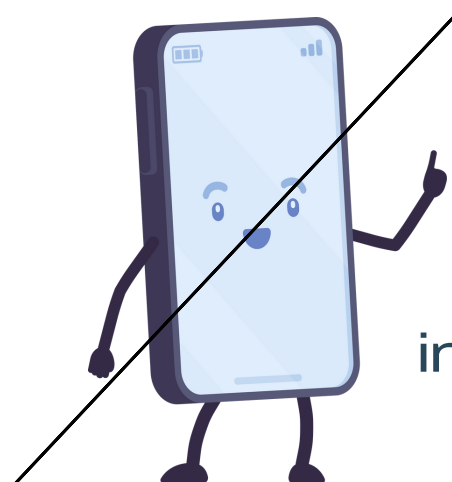
By using Lego® Serious Play®
Real Time Change®

A teal speech bubble with a white outline and a small tail pointing towards the top left.

What is Lego® Serious Play®?

Lego® Serious Play® is a **facilitated workshop approach** that uses LEGO® bricks to boost creative thinking, collaboration, and communication.

It's designed for adults in professional settings, but there are also applications for education.



Our sessions are intentionally screen-free.

About Lego Serious Play Real Time Change®

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Real Time Change® is a recent extension of the original, well-known Lego® Serious Play® method, originally developed to help leadership teams explore and shape strategy through hands-on thinking.

Today, this next-generation approach creates space for meaningful dialogue about change, inviting participants to explore what truly drives successful transformation and to reflect on their own current challenges.

As one of the first 100 certified facilitators worldwide in the Lego® Serious Play® Real Time Change® method, we help teams stay focused and adaptable in fast-changing environments. Grounded in research from organizational strategy, systems thinking, and cognitive science, this method enables teams to make sense of complexity, align around shared priorities, and move forward with clarity and confidence. The result is stronger collaboration, sharper focus, and lasting impact on both people and performance.

After the **workshop** participants can:

Engage in constructive dialogue about change, turning differing perspectives into shared understanding and action.

Recognize the key drivers of successful transformation and apply them to their own team or project context.

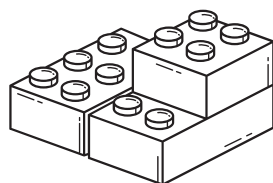
Navigate their current change challenge with clarity, confidence, and alignment.

Workshop

Change & Adaptability

Micro learning 

Check-in



Skillsbuilding

Deep dive



Check-out

Duration: 1/2 day

An intake conversation always takes place prior to the workshop to align expectations and objectives.

After the workshop, a follow-up conversation is included.

During the **deepdive**,

- 1 We explore a mini challenge to spark real-time reflection and learning.
- 2 We learn the drivers of successful change.
- 3 We connect the insights to our own context, identifying concrete next steps and shared priorities for moving forward.

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Your facilitator

Hi, I'm Sofie! I have a background in Business and HR Management and +15 years of experience in Learning & Development, focusing on leadership and change.

I am officially licensed as Senior Advisor in Innovative Labour Organizations (specializing in organizational design & development, change management) by Antwerp Management School.

I especially enjoy playing with leaders and organizations that have a purpose-driven mission to create social impact.



Practicals

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Group size

Ideally 4-8 participants for optimal interaction and facilitation. For other group sizes, we explore what setup works best.

Duration

This type of workshop typically takes half a day and can be extended to meet specific needs.

Location

Off-site settings are recommended for focus and openness. We're happy to suggest suitable venues! This workshop can also be organised in-company.

Languages

Available in English or Dutch.

Investment

Standard setting: €1.500 (excl. VAT, transport, location, and catering). We believe learning & development should be accessible, if budget is a barrier, let's talk.

Other questions? Shoot!

Play is not childish.
It's the way that humans innovate.
It's the way that we create new things.
It's the way that we solve problems.

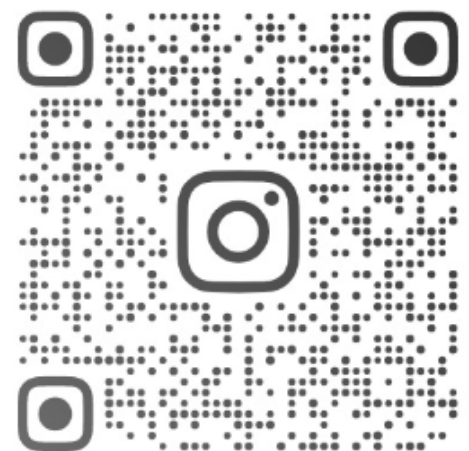
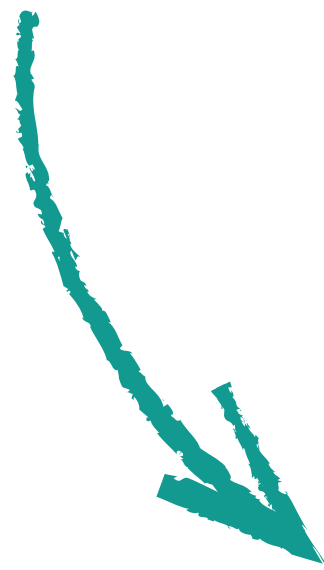
– Stuart Brown –

Contact

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