

collaborate.
co-create.
connect.

Workshops

**Strategy
Discovery**

**Change &
Adaptability**

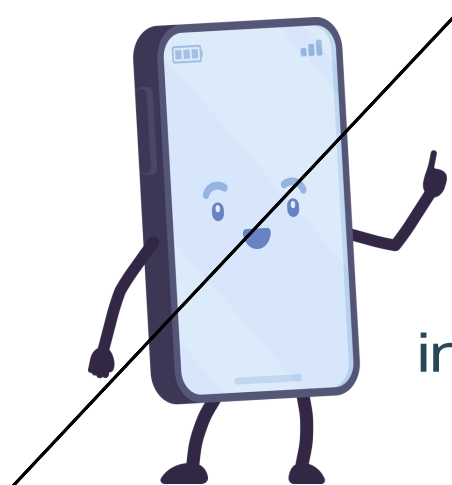
By using Lego® Serious Play®
Real Time Change®



What is Lego® Serious Play®?

Lego® Serious Play® is a **facilitated workshop approach** that uses LEGO® bricks to boost creative thinking, collaboration, and communication.

It's designed for adults in professional settings, but there are also applications for education.



Our sessions are intentionally screen-free.

About Lego Serious Play Real Time Change®

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Real Time Change® is a next-generation evolution of the well-known Lego® Serious Play® method, originally designed to help leadership teams explore and shape strategy through hands-on thinking. Today, this approach provides a powerful, research-based process to help organisations and teams **navigate change, strengthen adaptability**, and stay focused amid continuous transformation.

As one of the first 100 certified facilitators worldwide in the Lego® Serious Play® Real Time Change® method, we guide organisations to deal more effectively with change and complexity, whether by **shaping a clear strategic direction** or by **building the collective adaptability** that strengthens change capacity both on and beyond the work floor. These sessions create **meaningful moments of connection** that foster learning, engagement, and resilience, with effects that often ripple into daily life, family dynamics, and communities.

Grounded in insights from organizational strategy, systems thinking, and cognitive science, this method enables groups to make sense of uncertainty, align around shared priorities, and take meaningful action together. The result is sharper strategy, stronger collaboration, and lasting impact on both employee and customer experience.

After our **workshops**, participants experienced an impact on:

- ✓ How they engage in dialogue about change, turning differing perspectives into shared understanding and joint action.
- ✓ Their ability to recognise and apply the key drivers of successful transformation within their own team or project.
- ✓ The way they navigate ongoing change, with greater clarity, confidence, and strengthened skills to act effectively.
- ✓ Their problem-solving capacity and resilience when facing complexity or uncertainty.
- ✓ Their sense of connection and reflection, fostering deeper awareness and collective adaptability.



Workshop

Strategy

Discovery



Duration: 1 day

An intake conversation always takes place prior to the workshop to align expectations and objectives.
After the workshop, a follow-up conversation is included.

During the **deepdive**, we

- 1 Start by understanding the current context right now.
- 2 We built our desired future.
- 3 We analyse what is influencing the way we work and act.

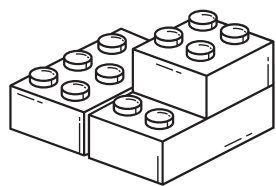
Together, the group translates discoveries into **concrete next steps** for strategy, innovation, or change initiatives.

Workshop

Change & Adaptability

Micro learning 

Check-in



Skillsbuilding

Deep dive



Check-out

Duration: 1/2 day

An intake conversation always takes place prior to the workshop to align expectations and objectives.

After the workshop, a follow-up conversation is included.

During the **deepdive**,

- 1 We explore a mini challenge to spark real-time reflection and learning.
- 2 We learn the drivers of successful change.
- 3 We connect the insights to our own context, identifying concrete next steps and shared priorities for moving forward.

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Your facilitator

Hi, I'm Sofie! I have a background in Business and HR Management and +15 years of experience in Learning & Development, focusing on leadership and change.

I am officially licensed as Senior Advisor in Innovative Labour Organizations (specializing in organizational design & development, change management) by Antwerp Management School.

I especially enjoy playing with leaders and organizations that have a purpose-driven mission to create social impact.



Practicals

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Group size

Ideally 4-8 participants for optimal interaction and facilitation. For other group sizes, we explore what setup works best.

Duration

This type of workshops typically takes ½ to a full day and can be extended to meet specific needs.

Location

Off-site settings are recommended for focus and openness. We're happy to suggest suitable venues!

Languages

Available in English or Dutch.

Investment

Standard setting: €1.500- €3.500 (excl. VAT, transport, location, and catering). We believe learning & development should be accessible, if budget is a barrier, let's talk. For long-term or structural collaborations, different rates apply.

www.c-lab.be

Other questions? Shoot!

Play is not childish.
It's the way that humans innovate.
It's the way that we create new things.
It's the way that we solve problems.

– Stuart Brown –

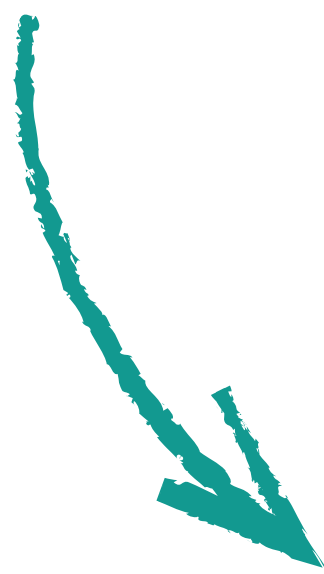
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